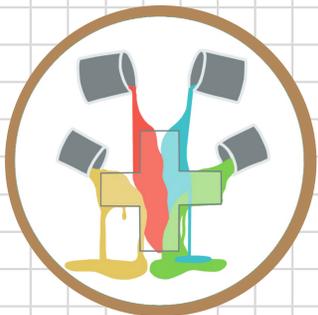


MARCH 2021 • COLORS FOR COATS INC.

# MATERNAL HEALTH & WOMEN IN STEM



Women's History Month, celebrated in March, honors the accomplishments of women throughout history that have an impact on our society and living. Because of its importance, Colors for Coats decided to focus on maternal health and mortality for the month of March. Students in chapters across the country created drives, infographics, articles, and other projects to honor different women in STEM and the focus on inequalities that many marginalized communities of women face when it comes to reproductive health.

This magazine is an insight to everything Colors for Coats did to make this month special for the communities around us.

# DRIVES AND DONATIONS



**THE COLORS FOR  
COATS ORGANIZATION  
DONATED A TOTAL OF**

**OVER 1,525  
MENSTRUAL  
PRODUCTS**

**167  
HYGIENE  
ITEMS**

**\$260**

# DRIVES AND DONATIONS



## THE KEARNEY CENTER DRIVE



**42 HYGIENE  
ITEMS DONATED**

**600 MENSTRUAL  
PRODUCTS DONATED**

“

I really wanted to get involved with the different maternal health drives that chapters were doing, so during the summer I sold old school books to individuals in my local area [Tallahassee, FL, USA]. I used the money to buy menstrual and hygiene items and donated them to the Kearney Center. The products are all going to individuals experiencing or on the verge of experiencing homelessness in the 8-county Big Bend region. I was able to donate a total of 42 hygiene items and 600 menstrual products. This drive would have never been possible without the students and parents who bought books to help make a difference in our local area!

**-Rohan Chadha: Colors for Coats Co-Founder & Senior Director**

”

# DRIVES AND DONATIONS

the  
**she**  
**support**  
drive

## THE SHE SUPPORT HER DRIVE

“

During maternal health month, the Colors for Coats Villanova Chapter [Ontario, CA] partnered with a local initiative known as “She Support Drive.” The mission of “She Support Drive” is supporting women in need, especially in these unprecedented times. Our chapter ran a school-wide collection for monetary donations, as well as donations of female hygiene products, toiletries, hand sanitizer, masks, pajamas, e.t.c. All the items collected, as well as the monetary donations will be distributed amongst The Hiatus House (a 24-hour shelter for women and children facing domestic abuse), The Welcome Shelter for Women (emergency shelter for women and families impacted by poverty, homelessness or violence) and the Downtown Mission (a non-profit organization that provides food, shelter and other necessities for disadvantaged families). To encourage participation amongst the student body, Colors for Coats members designed posters and infographics to post throughout the school as well as on social media. In total, the Colors for Coats Villanova Chapter amassed over 775 menstrual products, 125 personal hygiene items and \$125 for the She Support Drive. This project was an opportunity for us to support underprivileged women in our local community and come together as a team to make a positive impact in the lives of others.

”



Chapter Leader Natasha Nakhle (right) with Staff Member Ms. Verardi (left) outside school with donation cart on pick-up day.

**-Natasha Nakhle: Colors for Coats Villanova Chapter President**

**125 PERSONAL  
HYGIENE ITEMS  
DONATED**

**775 MENSTRUAL  
PRODUCTS  
COLLECTED**

**\$125  
RAISED**

# DRIVES AND DONATIONS



## THE SHE SUPPORT HER DRIVE (CONTINUED)

An infographic sent out explaining the drive to Villanova students. The graphic shows the types of items collected and specific shelter the items were donated to.

### COLOUR FOR COATS

DONATIONS are headed to 3 local shelters fighting back against poverty, violence and homelessness for women!

The Hiatus House, The Welcome Center Shelter for Women and The Downtown Mission

#### WE ARE LOOKING FOR:

- new/gently used bras/bralettes/sports bras
- menstrual pads\*
- tampons\*
- pantliners\*
- diva cups
- shampoo/conditioner/body wash/soap
- deodorant
- lotion
- razors
- dental care products (floss, toothbrushes, toothpaste, etc.)
- masks (homemade, cloth, surgical, N95, etc.)
- hand sanitizer/disinfectant wipes
- NEW underwear and socks
- new/gently used pyjama tops/bottoms/sets
- new, unopened makeup, beauty supplies, etc.
- other menstrual or hygiene products
- AND \$\$ donations

\*must be individually wrapped



Aside from the \$125 raised, these were some of the physical donations received.

# DRIVES AND DONATIONS



EVERY  
MOTHER  
COUNTS

## EVERY MOTHER COUNTS FUNDRAISER

\$135  
donated

“

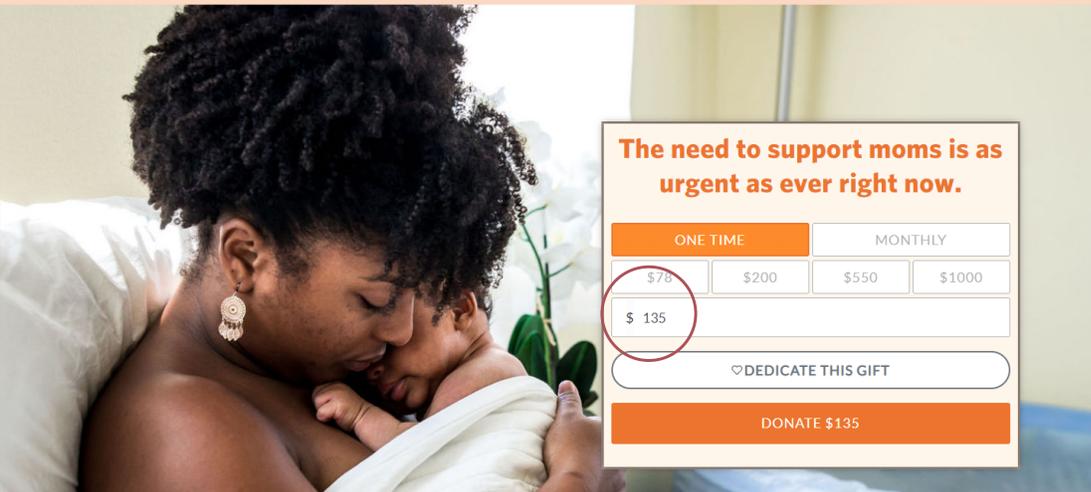
The San Ramon Valley High School chapter of Colors for Coats [CA, USA] chose to do a fundraiser as their March project. Between sending emails about maternal health and setting up an Instagram donation, this chapter was able to donate \$135 to Every Mother Counts. Every Mother Counts is an amazing organization that focuses on trying to achieve quality maternal care for all and increase awareness about maternal mortality rates. This organization uses donations to help make pregnancy and childbirth safe for mothers around the world.

”



Our Story Learn Our Work

What Can I Do? Donate



# DRIVES AND DONATIONS



I SUPPORT THE GIRLS

## I SUPPORT GIRLS DRIVE

“

For the month of March, the Miss Porter's Colors for Coats Club [CT, USA] conducted a menstrual product donation drive. This donation drive aimed to collect menstrual pads/tampons and involved both students and staff from the Porter's community. Members of the club contributed by creating flyers about the drive (which were posted around campus) as well as donating menstrual products of their own. For this drive, the Porter's club partnered up with "I Support the Girls", an organization that supports underprivileged women by providing them with feminine hygiene products and other garments. From here, a representative from the organization connected the club with a smaller, more accessible donation center- the Columbus House Inc., which is an organization that serves people who are homeless or at risk of becoming homeless by providing shelter/housing and fostering their personal growth and independence. At the end of the drive, had about two decent sized boxes stuffed full with menstrual products, all donated by our school community! These supplies collected from the drive were donated to the Columbus House; pictures from the donation process can be seen below.

”

-Leeah Han: Miss Porter's Colors for Coats Chapter President



Over 150 menstrual items donated!



A couple of the many flyers put up around Miss Porter's School for the drive.



# OTHER PROJECTS

## MARCH OF DIMES

With the ongoing pandemic and students learning virtually, Colors for Coats had four different chapters (listed below) send "notes of hope" through March of Dimes. Students sent virtual notes to family members and healthcare workers involved in child birth and maternal health. Giving birth to a child can be a long and difficult journey for mothers, and requires very intensive care and assistance from health care workers. Messages were sent directly from students through the March of Dimes website, and are sent to families and healthcare workers through the organization.

Colors for Coats Irvine (California, USA)  
Colors for Coats Wake County (North Carolina, USA)  
Colors for Coats James S. Rickards (Florida, USA)  
Colors for Coats Monroe Township (New Jersey, USA)

# HOW TO SUPPORT WOMEN IN STEM

ARTICLE WRITTEN BY STUDENTS IN  
COLORS FOR COATS PRINCETON  
CHAPTER (NJ, USA)

For years, STEM—Science, Technology, Engineering, and Mathematics—has been a sector of the workforce in which only men were thought to have the competence to obtain a job in this area of study. In the early days, women were expected to take on the role of a housewife as well as a mother and were not advised to work, be involved in politics, or anything that would distract them from their duties at home. Women were also denied equal access to education, specifically education relating to math and science. Instead of being given the opportunity to demonstrate their abilities, they were forced to do rigorous domestic work. Over time, this distinct margin between men and women's access to education and opportunity gradually closed. With the further closure of this gap, women have felt more encouraged to expand their options to the STEM field in hopes of making fulfilling achievements. Today, the number of women in STEM has increased significantly. According to the United States Census Bureau, "In 1970, women made up 38% of all U.S. workers and 8% of STEM workers. By 2019, the STEM proportion had increased to 27% and women made up 48% of all workers."

Nevertheless, it is crucial that women interested in this sector or who have secured a career in this field are constantly supported, especially because part of our society was cultivated on the grounds of gender inequality. Individuals must work coherently to create an inclusive environment for all women in STEM.

In order to support the influx of females in the math and science fields, women must have enough exposure to develop an in-depth understanding of the type of work that comes under these various subjects. The goal is to encourage women to embrace the learning they grasp from STEM and apply it in several innovative ways. Thus, webinars, workshops, and mentors should be easily available for girls at a young age to be properly assisted throughout their journey. Many organizations around the world primarily focus on offering women such types of programs. The National Girls Collaborative Project (NGCP) is an organization which strives to enhance the quality and increase the quantity of resources women have access to. Through their extensive network of professionals, researchers, and

scientists, they work to facilitate products and establish partnerships that will strengthen women's abilities in STEM. Organizations like NGCP host informative webinars by experts, which are beneficial for those who do not have an organization of such sort in their area. These webinars are especially useful because they allow women to be exposed to STEM-centered projects while remaining in the comforts of their home. Although webinars serve to be a useful way to educate young learners, more in-person interactions have shown to be much more effective in terms of understanding information and being able to retain it. Arranging workshops with a combination of interactive activities, hands-on experiments, and research projects will give girls an overview of the full experience of how the STEM field operates.

However, despite all these initiatives to boost female interest in STEM, it is crucial to expand those opportunities to those living in second and third-world countries. Developing countries, such as India and Nigeria, have been successful with their set-ups by teaching young girls all types of digital literacy. Coding, robotics education, and information technology are the most popular types of digital literacy that India's "Tech Needs Girls" and

Nigeria, have been successful with their set-ups by teaching young girls all types of digital literacy. Coding, robotics education, and information technology are the most popular types of digital literacy that India's "Tech Needs Girls" and Nigeria's "Pearls Africa Foundation" focus on. Such establishments are making a difference with each girl that is trained in the vast field of science and technology. Collectively, both organizations have trained over 5,000 girls, many of whom were raised in extreme poverty conditions. With increasingly more chapters of this kind opening worldwide, women are uplifted from a society that once caused them more harm than good.

For centuries, women have been neglected the opportunity of what is a fundamental right. With time and countless calls for change, STEM education is becoming more viable for each girl that hopes to escape their confined bubble. Numerous educational organizations have become geared to solely empower women from all financial, cultural, and ethnic backgrounds to thrive in this technology-reliant era. With each step that is taken to close the unwarranted margin between men and women's access to education, mankind grows to be one united population.

**HOW TO SUPPORT WOMEN IN STEM (ARTICLE CONTINUED)**

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## SOURCES

# GRAPHICS AND FLYERS

CREATED BY STUDENTS IN COLORS FOR COATS PLANO EAST CHAPTER (TX, USA)

## Proper Parental Care

Proper parental care is one of the most important factors on how a child turns out in the future because of the types of experiences that can occur and whether it may have severe health issues.

### Reason #1

Having a healthy pregnancy is one of the best ways to have a healthy birth, for example, getting early and regular prenatal care improves the chances of a healthy pregnancy.



### Reason #2

Parental care can also be beneficial to parents if it increases offspring survival, growth, and lifetime reproductive success.

## What Has Covid-19 done to Women's Healthcare?



### Issue #1

Unfortunately, compared to men, women were more likely to have gone without health care during the pandemic and especially if they had economic challenges prior to the pandemic, it has only gotten worse.

### Issue #2

Since no one can go face-to-face anywhere, people had to resort to telemedicine interactions. The number of telemedicine visits during the pandemic tripled since before the pandemic. Older women, women with higher educational attainment, and insured women are more likely to have had a telehealth visit during the pandemic.

PLANO EAST COLORS FOR COATS

PART 1

## Importance of Proper Prenatal Care

Created By:  
Jacky  
George  
Pesh CFC

**What is Prenatal Care and why is it important?** Having a healthy pregnancy is one of the best ways to promote a healthy birth. Getting early and regular prenatal care improves the chances of a healthy pregnancy with a pre-pregnancy care visit to a health care provider.



### Things that you should do prior to prenatal care !

- Quit Smoking ( If you do smoke )
- Talk to your doctor about your medical conditions
- Avoid all contacts with toxic substances and chemicals at home or work that could be harmful



## MATERNAL HEALTH



Proper prenatal care is super important! Regular check ups and seeking professional care when needed can have such a drastic impact on both the mom's and the baby's health.

COVID-19 has changed all our lives, especially those of pregnant women. They have higher chances of developing severe COVID illnesses that can be later on passed to their baby. All the more reasons to go to regular doctor check ups and to stay safe.



Information about family planning and being well educated on maternal health is extremely beneficial. This can help decide what precautions and procedures need to be taken.

As much as prenatal care is important, postnatal care is just as important. During this time, go to frequent check ups and keep the baby healthy by getting immunizations and feeding them properly.

### FUN FACT:

The longest recorded pregnancy was 375 days!



© PESH CFC

# GRAPHICS AND FLYERS

CREATED BY STUDENTS IN COLORS FOR COATS PLANO EAST CHAPTER (CONT.)

## Organizations

THAT HELP PREGNANT WOMEN IN TIME

*For free or reduced prenatal care...*  
Call **1-800-311-BABY** to connect with your local Health Department in your area code.

*For information on how to have a healthy pregnancy...*  
The website **womanshealth.gov** provides information on regular doctor visits and much more.

The website **mchb.hrsa.gov** provides information on ways to have a healthy pregnancy and your local prenatal services.

@PESH CFC

## IMPORTANCE OF PRENATAL CARE

### TO PROMOTE THE HEALTH OF THE MOTHER AND CHILD

Frequent and proper prenatal care can detect potential health concerns like anemia, gestational diabetes, or preeclampsia all of which can be treated when caught early.

### TO OBTAIN NUTRITIONAL INFORMATION

When pregnant the mothers often go through diet changes to meet the needs of their baby. This information is given by a prenatal doctor.

### TO TRACK THE DEVELOPMENT OF THE BABY

Proper prenatal care measures the mother's belly from the sternum to the top of your pubic bone. These measurements help see the baby's growth which is important to the baby's health.

### TO SCHEDULE APPROPRIATE TESTING

For example, amniocentesis is a test done during the second trimester. It is used predominantly to check for genetic abnormalities like Down Syndrome or to verify the maturity of the baby's lungs.

## PRENATAL CARE AND ITS SIGNIFICANCE

**26% OF AMERICAN WOMEN OF REPRODUCTIVE AGE do not have access to prenatal care**

**BABIES WITH A LACK OF PRENATAL CARE are 5 times more likely to die**

@PESH CFC

### TO LEARN ABOUT LABOR AND DELIVERY

Your prenatal visits allow you to discuss procedures, potential scenarios, questions and concerns with your doctor especially a labor and delivery plan.

#### WHAT IS PRENATAL CARE?

- A form of health care for pregnant women
- Checkups from professionals help monitor the development of your child

#### WHY IS PRENATAL CARE IMPORTANT?

- Ensures the healthy development of your baby
- Doctors can discover any issues and treat them early

#### IMPACTS OF COVID-19

- Pregnant mothers affected with the virus are more likely to develop respiratory issues
- There are chances of the child contracting COVID-19 from pregnancy or birth
- Unemployment from the pandemic has caused financial struggles to support the child

#### HOW TO OVERCOME THESE OBSTACLES

- Seek regular checkups with medical professionals
- Spread awareness about the importance of prenatal care
- Advocate for laws that ensure that more women receive aid

# MATERNAL HEALTH DEATH RATES

ARTICLE WRITTEN BY GABRIELLA LUKAS  
IN COLORS FOR COATS SAN RAMON  
VALLEY CHAPTER (CA, USA)

Maternal death rates across the globe have decreased significantly from 2000 to 2017 by 38 percent. The cause for concern remains because of the alarming numbers of deaths per live births - 211 per 100,000. . The two largest factors contributing to these numbers are the socioeconomic statuses of pregnant women and the consistent racial disparities we see perpetuated into our healthcare system.

In a case study done by SSM Population Health, the study discusses the considerable racial disparities amongst different races in our healthcare system lack women are over 3 times more likely to die from pregnancy complications than white women. This study also mentioned how Black women are more likely to give birth to babies that are underweight and premature. In a study done by the CDC discussing racial and ethnic disparities in pregnancy related deaths, they reveal that “Non-Hispanic black (black) and non-Hispanic American Indian/Alaska Native (AI/AN) women experienced higher PRMRs (pregnancy-related mortality rate) (40.8 and 29.7, respectively) than all other racial/ethnic populations (white

PRMR was 12.7, Asian/Pacific Islander PRMR was 13.5 and Hispanic PRMR was 11.5)”. The CDC recognizes the detrimental effects that these deaths can cause upon families. There is discussion on this issue - but how do we fix this? The main issue boils down to privilege and access to resources. The inequality that many ethnic groups face (African Americans, Native Americans) results in the disproportionate delineation of these ethnic groups putting others at an advantage. The CDC is offering 45 million dollars over 5 years to MMRCs (Maternal Mortality Review Committees) to help close the gap in Maternal Health. Although this is just a start, it will pave the way for others to have access to resources and to improve their pregnancy, not only for them but for their child.

Multilevel studies have found in the past year that socioeconomic status has played a large role in maternal mortality. Studies have shown the correlation between area-level income inequality and life expectancy which can be affected by the geographical location in which you live, accessibility of healthcare resources, and how your race. Studies suggest that the effects of income

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Multilevel studies have found in the past year that socioeconomic status has played a large role in maternal mortality. Studies have shown the correlation between area-level income inequality and life expectancy which can be affected by the geographical location in which you live, accessibility of healthcare resources, and how your race. Studies suggest that the effects of income inequality happen on larger geographical levels such as metropolitan areas, states, and countries as opposed to smaller geographical areas levels. The study by SSM Population supports the claim that there are strong associations between maternal mortality and women’s education, health insurance, and health expenditure.

Although there is no quick fix , there are steps that can be taken to provide knowledge, educate people, and create awareness about the alarming disparities that pregnant women face.

**MATERNAL HEALTH DEATH RATES (ARTICLE CONTINUED)**

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## SOURCES

# RACIAL DISPARITIES AMONG MATERNAL HEALTH AND MORTALITY

ARTICLE WRITTEN BY MARISA LEARY IN  
COLORS FOR COATS SAN RAMON VALLEY  
CHAPTER (CA, USA)

In 2018, the maternal mortality rate in the United States was 17.4 per every 100,000 births. More specifically, we can compare maternal mortality rates among different racial and ethnic backgrounds. For non-Hispanic Black women, that number jumps to 37.3 deaths per 100,000 live births. However, for non-Hispanic white women, the maternal mortality rate reaches 14.9 for every 100,000 births. Lastly for Hispanic women, the maternal mortality rate is 11.8 for every 100,000. In 2018, the CDC reported that black women

experience a maternal mortality rate up to three times higher than white women. Similarly, Black and American Indian women are two to three times more likely to die from pregnancy-related causes than white women. This is because many Black women have difficulty accessing reproductive health care that meets their needs, making it extremely difficult for women to plan their families, as well as improve their health outcomes. Typically, Black women have limited access to abortions, which may increase their chances of negative side effects, such

as delayed care, increased costs, or lack of access to care. In a recent study in California, out of all the women enrolled in Medicaid, Black women were less likely than white women or Hispanic women to receive postpartum contraception.

Postpartum contraception is used to prevent unplanned and closely spaced pregnancies the first year after giving birth. Black women that did receive postpartum contraception were less likely to receive a highly effective method.

This statistic proves why Black women tend to experience higher rates of unplanned pregnancies than all other racial groups. Difficulty in accessing basic maternal needs during pregnancy leads the maternal mortality rate to significantly increase. To lower the maternal mortality rate, especially for non-Hispanic black women, companies, and policies should focus on maintaining and expanding care and counseling.

## RACIAL DISPARITIES AMONG MATERNAL HEALTH AND MORTALITY (ARTICLE CONTINUED)

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## SOURCES

# GRAPHICS AND FLYERS

## CREATED BY STUDENTS IN COLORS FOR COATS PLANO EAST CHAPTER (CONT.)

### IMPORTANCE OF PRENATAL CARE

Keeping yourself healthy during pregnancy is the best way to promote a healthy delivery and baby. Prenatal care will help reduce complications, improve the pregnancy experience, and keep you ready for your new addition!

#### WHAT CAN YOU DO

**TAKE YOUR VITAMINS**  
Increase intake of B vitamins during this time.



**AVOID CONSUMPTION OF ALCOHOL, DRUGS, ETC.**  
Your health during pregnancy is critical, take care of yourself and avoid all drinking and drugs.

#### SCHEDULE APPOINTMENTS REGULARLY

Your doctor is your friend during this time, make sure to schedule appointments to keep your health and your baby's health in check.



**EAT A BALANCED DIET**  
Eating a balanced diet improves brain development and birth weight and can reduce fatigue and morning sickness.



**REDUCE STRESS AND GET REGULAR SLEEP**  
Sleeping and reducing your stress level will help improve your condition during pregnancy and shorten your delivery time.

#### WORK OUT

Contrary to popular belief, working out will decrease the chances of a caesarean delivery and can improve your heart condition. Avoid extreme weights and cardio.



#### CALL YOUR DOCTOR OR HOSPITAL BEFORE VISITING

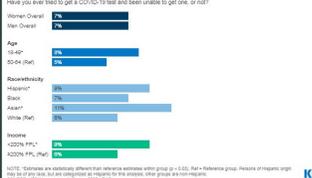
If you need medical attention before, during, or after delivery try to contact your doctor or hospital ahead of time so they can prepare and take for your arrival. They have your best interest in mind and will provide a clean and safe environment for you.

PESH COLORS FOR COATS

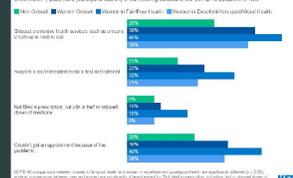
## COVID'S IMPACT ON WOMEN'S HEALTHCARE

PESH COLOR FOR COATS

Younger women, Black and Asian women, and low-income women are more likely to report being unable to get a COVID-19 test



A larger share of women have gone without health care services during the COVID-19 pandemic, particularly women in fair or poor health



Uninsured women are not able to take Covid tests at the same frequency that insured women are able to. Low-income women are also not getting medical appointments.

Women are more likely to go without healthcare during the pandemic due to safety concerns. This results in women with health and economic challenges having worsening health conditions.

Annual check-ups, management of a chronic condition, and minor illnesses or injury are the top reasons for seeking telehealth

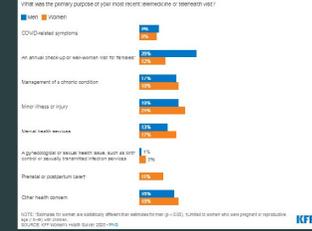


Table 2: More than half of women say that worry or stress related to coronavirus affected their mental health

Characteristic	Among those who said that worry or stress related to coronavirus affected their mental health		
	Men	Women	Total
Overall	51%	51%	51%
Age	51%	51%	51%
Race/ethnicity	51%	51%	51%
Hispanic	51%	51%	51%
Black	51%	51%	51%
Asian	51%	51%	51%
White, Ref.	51%	51%	51%
Health Status	51%	51%	51%
Good	51%	51%	51%
Fair	51%	51%	51%
Poor	51%	51%	51%
Very poor	51%	51%	51%

To combat this problem, women have been receiving care through telemedicine interactions which has had positive results.

Half of all women have said that the Covid Pandemic has had a major impact on their mental health

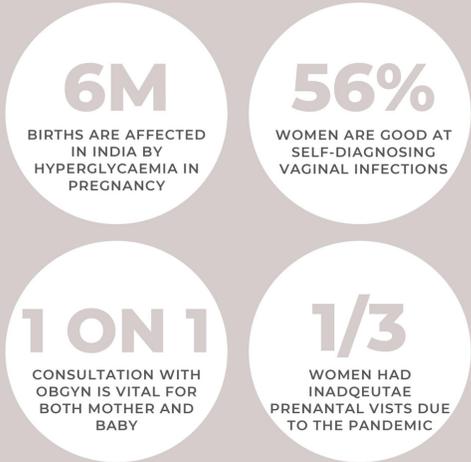
Source: <https://www.kff.org/womens-health-policy/issue-brief/womens-experiences-with-health-care-during-the-covid-19-pandemic-findings-from-the-kff-womens-health-survey/>

# GRAPHICS AND FLYERS

CREATED BY STUDENTS IN COLORS FOR COATS PLANO EAST CHAPTER (CONT.)

## PRENATAL CARE IN THE PANDEMIC

During the time of a persisting pandemic, women have been experiencing a hard time facilitating through their pregnancy. Let's spread the importance of prenatal care to make more people aware and help women!



**Hospitalized pregnant women with COVID-19 can have severe illness**

About half of hospitalized pregnant women with COVID-19 had symptoms

Some hospitalized pregnant women who had symptoms had severe outcomes, including:

- ICU admission
- Mechanical ventilation
- Death

Slow the spread and protect yourself from COVID-19 during pregnancy

- Wear a mask when out in public
- Stay 6 feet apart
- Wash hands often
- Continue receiving prenatal care

© CDC

**44.7%**

WOMEN WHO EXPERIENCED COMPLICATIONS DURING THEIR PREGNANCY DUE TO INADEQUATE PRENATAL CARE



PESH CFC

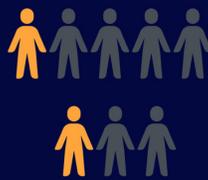


## COVID-19 vs. Women's Health

PESH CFC

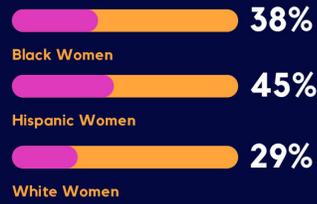


One third of women in a survey by Guttmacher Institute experienced delays with birth control and cancellations of doctor's appointments due to COVID-19



- 1/5 of the women surveyed were a victim of abuse during COVID
- 1/3 of those women said that COVID's social measures made it increasingly difficult to receive support

### Reporting Issues with Access to Healthcare



Evidently, COVID-19 has enhanced the racial discrepancies felt by the female, POC populations.

### Solutions



- Speak out about your unfair healthcare experiences on social media to spread awareness
- Join online support groups for abuse to help determine your next step such as Hope Recovery or Love is Respect



Sources:

\*All statistics are from the Guttmacher Institute survey of 2,009 women in 2020 referenced from this article\*  
<https://www.forbes.com/sites/williamhaseltine/2020/06/30/womens-health-and-the-ripple-effect-of-the-covid-19-pandemic/?sh=cb5e2736de6>

# GRAPHICS AND FLYERS

CREATED BY STUDENTS IN COLORS FOR  
COATS PLANO EAST CHAPTER (CONT.)



- The NBEC is a non-governmental organization dedicated to eliminating racial disparities in maternal and birth outcomes and advancing birth equity.
- Mission: Create solutions that optimize Black maternal and infant health through training, policy advocacy, research, and community-centered collaboration.
- NBEC provides opportunities for Black mothers stories to be valued, seen, and heard in semi-structured focus group interviews.
- NBEC works with organizations, communities and stakeholders to develop and implement strategies to achieve health equity goals.



Flyer created by: PESH CFC





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